

REDUCED GROUP EX CLASS OFFERINGS DURING FACILITY CLOSURE

THURSDAY 12/7

9-10:15a Step w/ Darcie

1:15-2:15p Gentle Strength and
Stretch w/ Bev

3:30-4:30p Youth Aikido w/Jay

(fee based class, December
registration and payment required)

FRIDAY 12/8

9-10:15a Power Sculpt w/ Teja

2:15-3:30p Gentle Yoga w/ Laura L.

4-5p Step w/ Susan

***Please note there will be no childcare
provided these 2 days.**