



# YMCA 3rd Annual Bike-a-thon



**Date: Saturday, February 4th**

**Time: 8:00am - 12:00pm**

**Registration fee: \$25/person for one hour.**

**Registration begins January 20th.**

**Participants receive raffle ticket. Raffle tickets can be purchased without participation for \$5.**

**This four hour cycling event is made up of participants all spinning to raise money for the YMCA's Annual Giving Campaign. All proceeds benefit children, families and seniors in need in our community and give them the ability to access YMCA programs through financial aid. Last year over 1500 children, seniors and families received financial assistance from the Sonoma County Family YMCA!**

**ECHELON**

CYCLE & MULTISPORT



NimbleTraining

**Questions? Please contact: Becky Ennis,  
Group Exercise Coordinator**

**707-545-9622, ext 3128 or  
bennis@scfymca.org**

Ys offer the programs we do for a reason. Young people need safe and enriching environments to try new things, develop skills, meet new people, and show what they're capable of. Achieving and maintaining health in spirit, mind, and body makes for a richer life and giving back to neighbors and those in need is our responsibility as neighbors, colleagues, and citizens. The Y defines our areas of focus—Youth Development, Healthy Living, and Social Responsibility.

Sonoma County Family YMCA | 1111 College Avenue | Santa Rosa, CA 95404 | 707-545-9622 | Fax: 707-544-7805 | [www.scfymca.org](http://www.scfymca.org)

The Y is a not-for-profit community organization. Financial assistance is available.