



Sonoma County Family YMCA

Cloverdale Memorial Pool

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

215 W. First Street, Cloverdale, CA 95425
Santa Rosa Main Y

(707) 894-9148
(707) 545-9622

☀ Memorial Day Weekend - Labor Day ☀

☀ Open Beginning May 28☀

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30							
10:00							
10:30							
11:00							
11:30							
12:00	Open Swim M-Sun 12 pm- 5 pm						
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00	Adult Open Swim M - F 5:00 - 5:30 pm				Available for private parties		
5:30	Swim Lessons M-Th 5:30 - 7:00 pm						
6:00							
6:30							
7:00	Closed				Available for Private Parties		
7:30							
8:00							

Open Swim - Adult must be present with child. No children under 12 can be left unattended by an adult.

Cold Weather Policy: Pool will close when air temperature drops below 65 degrees.

Daily Use Fees:

\$3.00 Youth 17 & under \$3.00 Seniors 55+ \$4.00 Adults 18 – 54

Wednesdays are Dollar Days!
Admission to the pool is only \$1.00!

Family Day Pass!
2 adults & 3 children only \$9.00!

Limited Pass

\$50 20 Visit Pass Youth/Senior
\$70 20 Visit Pass Adult

Season Pass

\$200 Family Pass (5 members)
\$60 Youth/Senior Pass
\$90 Adult Pass

Cloverdale Pool is available for Private Party Rental: Call 545-9622 ext. 3126 for more information
Operated by the Sonoma County Family YMCA • 1111 College Ave • Santa Rosa • CA 95404 www.scfymca.org
The YMCA is a non-profit, community organization. Financial Assistance is available.

YMCA Swim Lesson Program

General Information

The YMCA Swim Lesson Program is designed to teach children stroke development, aquatic safety, self-confidence and teamwork. Participants are taught in a non-competitive environment. Each child will progress at his or her own pace. Because each level builds on skills taught in previous levels, it is important to place your child in the correct level. It is also important not to progress the child to the next level until he or she is physically and mentally ready and can proficiently perform the skills required at his or her current level. Some levels are more difficult than others and may take several sessions to complete all the skills necessary to move to the next level.

YMCA swimming lessons start at age six months. Lessons are normally offered June through August in two week sessions running Monday through Thursday. Please stop by or contact the Cloverdale Memorial Pool at 894-9148 to get the schedule for upcoming sessions. Registration for swimming lessons must be made in person prior to the start of the first class. The fee for each two week swim lesson session is \$45.00. Financial Assistance is available.

Summer 2011 Swim Lesson Session Schedule

Session I June 6- June 16
Session II June 20- June 30
Session III July 5- July 14
Session IV July 18 - July 28
Session V August 1 - August 11



Swim Lesson Program Information

LEVEL	PREREQUISITES
Parent/Tot	6 months - 3 year old. Parent and child are in the water together.
Pike	Beginner age 3 - 5. Participants will learn to put their face in the water, blow bubbles, basic kicking and floating.
Starfish	Intermediate/Advanced. Age 3-5 who are confident in the water without the use of instructional floatation devices or have passed the Pike level.
Polliwog	Age 6+ and able to swim unassisted. Participants will learn front crawl with side breathing, elementary backstroke and backstroke.
Guppy	Age 6+ and able to swim in deep water unassisted. Participants will define technique of front crawl with side breathing and backstroke. They will learn breaststroke and butterfly.

Private Swim Lessons Available. Please call 545-9622 ext. 3124 for more information.