



# PROGRAM SPOTLIGHT

## SONOMA COUNTY FAMILY YMCA LITTLE SPORTSTERS

The program is designed for 3-5 year olds to gain fundamentals of sports, improve on gross motor skills, meet new friends, and develop their eye-hand and eye-foot coordination. We also encourage all of our Little Sportsters parents with helping their child participate in the class. Classes meet on Wednesdays 5:00-6:00pm or Saturdays 9:00-10:00 am for four weeks.

### BASKETBALL

-SEPTEMBER-  
7TH - OCT. 1ST  
-JANUARY-  
11TH - FEB. 4TH  
-APRIL-  
4TH - 28TH

### INDOOR SOCCER

- OCTOBER -  
5TH - 29TH  
- MARCH -  
7TH - 31ST

### MOTOR SKILLS

- NOVEMBER -  
2ND - DEC. 3RD  
(NO CLASSES 11/23 & 26)  
- FEBRUARY -  
8TH - MAR. 3RD

### TEE BALL

- JUNE -  
2ND - 27TH

### YOGA

- MAY -  
2ND - 26TH

\*\*\* Financial Assistance is available for qualified participants \*\*\*

#### Registration:

Sonoma County Family YMCA  
1207 College Ave., Santa Rosa, CA. 95404

For more information call the YMCA Program Office or find us online at [www.scfymca.org](http://www.scfymca.org)

FEES:	Session
Facility Member	\$ 10
Program Member	\$14
Non - Member	\$ 20

Questions?????? Call the YMCA Program Office at 544-1829



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Sonoma County Family YMCA • [www.scfymca.org](http://www.scfymca.org)  
1207 College Ave, Santa Rosa, CA 95404 • Phone 707-544-1829 • Fax 544-4432