



Sonoma County Family YMCA TEEN SUMMER CAMPS 2010

...What are *YOU* doing this summer?

Whether it is preparing for a real job with the Counselor In Training program, playing a great game of paintball, camping out under the stars, or kayaking in the beautiful San Francisco Bay, YMCA teen programs offer an opportunity of a life time! Challenge yourself to something new this summer and go **EXTREME!**

Program Name / Locations	Ages	Dates	Session Information	Program Cost
Moving-On Camp Santa Rosa Middle School* *Campers meet at SRMS and will go on a different theme related field trip every day of the week.	11-13	1 week sessions May 31- August 13 Monday-Friday 8am - 5pm *Campers will go on an overnight Thursdays and return Fridays at 5pm.	Session 1: Parks & Putt-Putt Session 2: Paintball Pandemonium Session 3: Cartoons & Camping Session 4: Alcatraz Adventure Session 5: Mystery Madness Session 6: Sun, Science, & San Francisco Session 7: Pins & Paintball Session 8: Reins and Rapids Session 9: Sun, Skating, & Scandia Session 10: Animals and Adrenaline Session 11: Gallop and Go!	Facility Member \$196 Program Member \$250
Counselor In Training - Training held at Main Y - CIT placements at various camp locations	13-15	Training Dates: May 21 6-8pm May 22 9am-5pm Summer Sessions run from June 7 - Aug 13	Camp sessions run Monday-Friday throughout the summer	Training + 1 camp session \$179 Additional Sessions: \$77
Mini-Caravans	Ages	Dates	Description	Program Cost
San Francisco Exploration	11-14	June 28 - 30 2 Nights / 3 Days	Visit the Sea Pier 39, get some chocolate at Ghirardelli Square, hike to the top of Coit Tower, and spend time discovering little known facts about San Francisco! Best of all, we'll head to the famous Exploratorium for a sensationally scientific afternoon!	Facility Member \$205 Program Member \$225
Sun, Sand, & Santa Cruz Mystery	14-17	July 12-14 2 Nights / 3 Days	Head to Santa Cruz for some fun in the sun! We'll hike gorgeous trails in the Santa Cruz Mountains, spend an afternoon playing in the waves at the beach, and visit the Pt. Sur Lighthouse. Our minds will be blown at the Winchester Mystery House when we see balls roll uphill and other weird phenomena!	Facility Member \$205 Program Member \$225
Outdoor Adventurer!	11-14	July 26-28 2 Nights / 3 Days	Learn how to build a campfire, tie knots, and how to identify constellations in the night sky! Cook delicious meals outdoors (and baking, too!). We'll spend a day kayaking in San Francisco Bay. This trip is designed for you to develop new skills as a young outdoor adventurer!	Facility Member \$205 Program Member \$225
Russian River Rendezvous * For strong swimmers only	14-17	Aug 2-4 2 Nights / 3 Days	Go hiking in the redwoods, swimming in the ocean, and hang out at Fort Ross. We'll canoe trip down the Russian River, followed by camping under the stars!	Facility Member \$205 Program Member \$225

*Financial Assistance is available to those in need.

Registration begins March 1st - Register Online or in Person!



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