



# FIND YOUR REASON TO GIVE. FIND YOUR Y.

## Ballroom Dancing Fundraising Event



## Ballroom Dance. Donate. Feel Good.

Your support helps the Y ensure that everyone has access to life-saving programs and opportunities that will help them reach their full potential.

**\$65**

### CAN SAVE A LIFE

by teaching youth critical water safety skills in and around water

**\$225**

### GIVES A CHILD

a safe, nurturing place to be ...  
providing opportunities to make  
friends & grow academically

**\$500**

### INVESTS IN

improving the quality of life for  
adults & seniors by helping them  
stay active, healthy & connected

**Sunday, March 10th 1:00p-3:30p**

Y Group Exercise Studio

Donation: of **\$50 per couple** to participate

*\*Advance registration preferred\**

Register on line or in our membership office.

John Ross has been teaching dance since 1982. He has performed with Buddy Schwimmer's Northern California dance team and has studied with top competitors in Europe and America. John has also taught couples preparing for weddings, vow renewals and other events. He brings great expertise to an accessible place for the average person wanting to increase skill and comfort on the dance floor.

At this workshop you will learn the timeless waltz. There is a wide breadth of music that works well for dancing the waltz. You will learn leading/following, musicality and rhythm. This workshop will teach you a pattern of moves that you can practice and take out onto the town.

**Donate today for a better us.**