



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SMART CYCLING CLASS

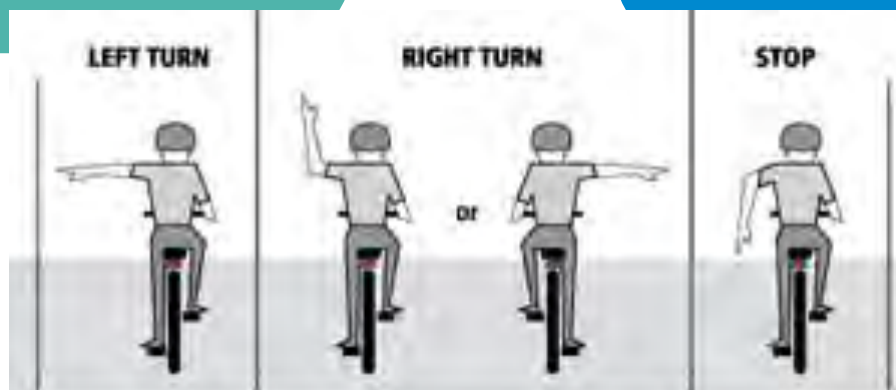
Presented by the Sonoma County Bicycle Coalition



IMPROVE YOUR BICYCLE
SAFETY SKILLS AND
CONFIDENCE IN A SUPPORTIVE
ENVIRONMENT!

ALL AGES AND LEVELS OF BIKE
EXPERIENCE WELCOME!
GET READY FOR BIKE TO WORK DAY ON
MAY 9TH!

LEARN:
LEGAL RIGHTS
RESPONSIBILITIES
SAFETY CHECKS
HAZARD AVOIDANCE
SAFE TURNING PRACTICES
BEST LANE POSITIONING



THURS. APRIL 25TH, 5:30 –8PM, AT THE Y
\$8 FOR THE CLASS (\$20 VALUE)

Register in our membership center, or call 707-545-9622
For more information, contact Rachel Marcus,
rmarcus@scfymca.org