

SONOMA COUNTY FAMILY YMCA Invites You

SWIMMING FOR A CAUSE

Swim-a-Thon February 17-23, 2019 Lap Pool @ the Y Pledge/lap or flat donation

(open to the public)

Schedule*

- Sunday, Feb 17 11am-12pm
- Monday, Feb 18 8-9am
- Tuesday, Feb 19 7:30-8:30pm
- Wednesday, Feb 20 Noon-1pm
- Thursday, Feb 21 2:30-3:30pm
- Friday, Feb 22 Noon-1pm
- Saturday, Feb 23 11am-Noon

*If these times do not work for you contact Kelly.

Information & Sign ups

Kelly Hodgins, khodgins@scfymca.org
or 707-545-9622 ext. 3126



Light Up a Life!

Last year the Y gave children, seniors and families more than \$237K in financial and fire relief assistance. Plus more than 500 kids learned to swim through free outreach programs like *Safety Around Water*.

The Y has been shining its light in the community for 65 years. Join us for this special fundraiser to ensure continued equitable access to the Y's life saving programs for local people of all ages, abilities and backgrounds.

Support your community through a Swim-a-Thon! This special event raises awareness about water safety and other aquatics programs while raising funds to invest in kids and families through financial aid and free opportunities.

The *Participant Packet* has everything you need: pledge cards, envelope for donations, frequently asked questions & answers, and a thank you letter template to send to your donors after you've completed your laps.



SONOMA COUNTY FAMILY YMCA
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www.scfymca.org • (707) 545-9622

The Y. For a better us.™



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY