



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Build water
confidence
AND
a meaningful
career!

BUILDING AQUATIC, LEADERS

Shallow Water Lifeguard Blended Learning Course

Learn to save lives in and out of the water. Develop your leadership, communication, and teaching skills. Build your resume. Earn money. Make friends. Stay in great physical condition.

This is a BLENDED LEARNING Course. Participants must complete the online portion of the course prior to the first class meeting. Participants must attend the entire scheduled class, demonstrate proficient land and water skills, and pass the written exam with a score of at least 80 percent.

HOW DO I ENROLL IN THE PROGRAM?

Register online at www.scfymca.org or call us at 707-545-9622

****If hired by the Y, employee will receive reimbursement for training fee after 90 days of employment****

\$75 – Includes: Shallow Water Lifeguard up to 5ft, Standard First Aid and CPR/AED for Professional Rescuer Certificate (valid 2yrs)

COURSE DATES

All classes are taught at: Sonoma County Family YMCA

Friday, January 9, 2026 4:00-8:00PM

Saturday, January 10, 2026 9:00-6:00PM

Sunday, January 11, 2026 9:00-6:00PM



FOR MORE INFORMATION

Sonoma County Family YMCA
1111 College Ave
Santa Rosa, CA 95404

Chad Brookman, Aquatics Director
707.708.2745
cbrookman@scfymca.org



[SCAN TO REGISTER]