



Health & Wellness Presentation

Understanding GLP-1 Medications

Stay up to date on the ins and outs of GLP-1 medications,
with Joyce Giammattei, DrPH., RDN, CDCES.

Tuesday December 9, 4:30 – 5:30 pm

How do they
work?
How are they
taken?

Risks,
benefits and
side effects

Who could
benefit from
them?



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